

2021 FNB WINES2WHALES COVID-19 MITIGATION GUIDE FOR RIDERS

EVENT MEDICAL EMERGENCY NUMBER: If you display symptoms or think you may have become infected with Covid-19, please call the event medical emergency phone number immediately on +27 21 426 7716 and our team will assist you.

TESTING & SCREENING

Pre-event testing

- All riders are required to present a valid, negative Covid-19 test at Event Registration, regardless of their vaccination status. This must either be a PCR test result (not older than 72 hours) or a rapid antigen test result (not older than 48 hours).
- Kindly note that pre-event testing is for your own account. There are multiple coronavirus testing sites in Cape Town and its surrounding areas / Hermanus. The cost of a rapid antigen test in South Africa ranges between ZAR 350 - ZAR 420 depending on testing provider and location. The cost of a PCR test is typically ZAR 850.
- Pathcare, an affiliate to our race medical partners Mediclinic, are able to assist with pre-event testing and have kindly offered FNB Wines2Whales riders a reduced rate of ZAR 180 for antigen testing.
- Riders making use of Pathcare’s testing services should pre book at www.booking.pathcare.co.za and arrive with a printout of the attached form. Note that those testing in Gauteng need to make use of the attached form.
- For a comprehensive list of nationwide Pathcare labs please click here ==> [Additional Pathcare Coronavirus Testing Centres](#)
- For your convenience, we have included details of the Pathcare branches closest to our main event hubs:

Cape Town	Race Registration @ Lourensford wine estate	Start venue @ Curro Hermanus
Mediclinic Cape Town 21 Hof Street, Oranjezicht 07:30-16:00 (Mon-Fri) 08:00-14:00 (Sat) 08:00-13:00 (Sun)	Pathcare Mediclinic Vergelegen, Block 1 07:00 - 18:00 (Mon - Fri) 08:00 - 13:00 (Sat)	Hermanus Medical Centre 1st Floor, Suite 12, Ravenscroft Street 09:00-13:00 (Mon-Fri) 09:00-11:00 (Saturday) 09:00-10:30 (Sun & PH)

Kingsbury Depot 18 Wilderness Road Claremont 07:30-17:00 (Mon-Fri) 08:00-13:00 (Sat)	Saffraan Depot, Stellenbosch 4 Saffraan Street, Die Boord, Stellenbosch, 7613 08:00-11:20 and 14:30- 16:50 (Mon-Fri) 08:00-11:00 (Sat & PH)	
Pathcare Panorama 22 Dorp Street, behind Mediclinic Panorama 08:00-16:00 (Mon-Fri) 08:00-12:00 (Sat)		

Compulsory Daily Screening

- You will be sent a link the day before Rider Registration to complete an online questionnaire for each day you are at the event, by 6pm daily.
- There will be temperature check points at the start chutes and various points in the race village on a daily basis.
- If you do not have a phone to access the questionnaire, you may make use of your riding partners phone / laptop using the same link, to submit your personal details.

If you test positive for Covid-19 during the event.

- If you are experiencing symptoms or are flagged via the daily screening process, you must report to the Covid Testing Area in the Race Village for the medical team to assess you and determine if further testing is required.
- Should your test result come back positive at any stage, we will assist you with making arrangements for you to isolate off-site, including transporting yourself, your luggage, and your bike to your isolation address. If you require a Covid-19 isolation hotel, this will be for your own account. We recommend that you have travel insurance that covers you for such eventualities.

Post event testing for international travel

- Anyone requiring a negative Covid-19 (PCR or antigen) test result in order to travel home in the days following the event, may visit our onsite Covid Testing Area alongside the Race Hospital in the Oak Valley Race Village. The cost for this test will be for your own account and a PCR costs ZAR 850.

WINES2WHALES

PO BOX 15357 VLAEBERG CAPE TOWN 8018 **TEL:** +27 21 426 4373 **E-MAIL:** info@wines2whales.com

WEBSITE: www.wines2whales.com | Cape Epic (Pty) Ltd trading as Wines2Whales **Reg No** 2016/451564/07

Directors: M. Flinn; S Facticeau (USA), J Gramling (USA), S Johnston (USA), A Messick (USA)

Rider Registration @ Lourensford Wine Estate

- Riders will be required to produce the following in order to gain access to the venue on race registration day:
 - ID/passport
 - Negative PCR test result, not older than 72 hours, or a negative Antigen test result, not older than 48 hours, at time of registration, regardless of your vaccination status.
- Please note that no spectators / supporters will be allowed into the Registration venue

Merchandise Store

- Our event Merchandise Store will be open on Registration Day at Lourensford and on event at Oak Valley in the Rider Lounge / Chill Zone.
- We encourage riders to shop online prior to the event for click + collect on the day of Registration.

Start / Finish

- It will be mandatory to wear a face mask at all times, except when on the route. Face masks may be removed 1 min prior to your start time and must be carried with you and replaced immediately after crossing the finish line each day.
- Please arrive at your start chute 15 minutes before your start time.
- Please adhere to physical distancing requirements within the start chute and follow the guidelines of race officials.
- After you cross the finish line, please replace your face mask immediately. Please do not congregate at the Finish Line Water Point.

Water Points

- “Grab and Go” service. Please only touch what you take and move on swiftly or step back while eating to allow others access.
- Please adhere to physical distancing and hygiene guidelines as far as possible.

Rider briefing

- The daily race briefing will be recorded for those not staying in the Race Village. This can be accessed via the Epic Series App. Please make sure to download this from the Apple/Android App store.
- In the Epic Series app, you will also find your daily results, start times for the next day, video highlights and other useful information.